



Resources

Throughout this project you may find that you or someone you talk to needs some support. Services vary geographically, but this resource guide will get you started:

GENERAL

211 Colorado: Call 2-1-1 or visit 211colorado.org to be connected to resources across the states

findhelp.org: See a national list of resources at findhelp.org

SAFETY & MENTAL HEALTH

Suicide Prevention Lifeline: 800-273-8255

Colorado Crisis Services: 844-493-8255 or text TALK to 38255

Safe2Tell: Submit a concern about a peer online at safe2tell.org

The Trevor Project: For crisis intervention for LGBTQ+ youth, call 866-488-7386 or text "START" to 678678

Sexual Assault:

- List of local centers at youhavetherightco.org
- [RAINN](https://rainn.org) National Sexual Assault Hotline - Link to [Chat](#), Call (800) 656-HOPE (4673)

FOOD ACCESS

Food Resource Hotline: 1-855-855-4626

Colorado Food Finder: www.cofoodfinder.org

HOUSING

Visit <https://cdola.colorado.gov/housing> for information on housing assistance

COMMUNITY ENGAGEMENT OPPORTUNITIES

Interested in getting more involved with The YouthScan Project?
Contact Aariyah Johnson, Youth Voice Specialist

